



TIPS

Territory Parents Support

All new parents are invited to our
Territory Parents Support programs for 2019

For babies 8 weeks and over

TOPICS	PROGRAMS						
	1	2	3	4	5	6	7
Introduction Brain development & Baby Massage	23 Jan	6 Mar	17 Apr	19 Jun	31 Jul	18 Sep	6 Nov
Baby Communication	30 Jan	13 Mar	24 Apr	26 Jun	7 Aug	25 Sep	13 Nov
Nutrition Children's Development Team Story Time	6 Feb	20 Mar	1 May	3 July	14 Aug	2 Oct	20 Nov
Emotional Health Sleep and settling	13 Feb	27 Mar	8 May	10 July	21 Aug	9 Oct	27 Nov
Eyes, Teeth and Ears Parks and Wildlife	20 Feb	3 Apr	15 May	17 July	28 Aug	16 Oct	4 Dec
Water Safety Awareness program Women's Health Morning Tea (Please bring some food to share)	27 Feb	10 Apr	22 May	24 July	4 Sep	23 Oct	11 Dec

Wednesday, 10.00 am to 12.00 pm

Conference Room - Flynn Drive Community Health Centre – Building A

Telephone 89516711 - bookings essential

For more information contact your Child & Family Health Nurse

Unfortunately due to lack of space, we cannot accommodate Prams or Strollers



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